

## Education and Experience

I have spent my adult life serving and caring for others. My work as a pastor, counselor, mentor and advisor has uniquely equipped me to help others in different stations and through challenges of their life. I have served in churches, a residential treatment facility ,

Christian school, camps and retreats.

My calling is defined as a 'gardener of the souls of men'.

My clients come from a wide swath of

backgrounds including pastors, missionaries, therapists, criminals, educators, business owners, families in crisis, and students.

I completed my spiritual direction training in May 2013. Training included extensive reading and reporting, supervised direction, peer supervision, and group discussions.

## Contact:

[www.soulgardener.org](http://www.soulgardener.org)

[rabbig777@gmail.com](mailto:rabbig777@gmail.com)

317-777-5429

@ [www.linkedin.com](http://www.linkedin.com)



## Reasons...

### For seeking...

- ~ Integration of one's spiritual life more fully into everyday living
- ~ Explore new ways to connect with God
- ~ To heal from emotional and spiritual wounds from the past
- ~ Developing a life of attention and reflection to one's spiritual journey
- ~ Guiding and overcoming challenges in our Christian walk
- ~ Creating a spiritual formation plan and develop plans for accountability and growth.

### Areas of Exploration:

**Spiritual direction conversations often focus on, but are not limited to, these areas of exploration:**

- ~ Your spiritual journey
- ~ Prayer and other spiritual practices
- ~ Work and Vocation (Calling)
- ~ Spiritual genograms / spiritual history

"Spiritual direction does not attempt to "fix" things. Rather than focus on problems, it focuses on spiritual longings"

~ David G. Benner



**Family**  
reconciliation

**Life**  
restoration

**Spiritual**  
help and healing

*Soul Gardening provides a continuum of care. Providing insight and guidance, connecting with you in your current life situation and helping you move toward the harvest of a full and content life.*

## spiritual direction spiritual direction

Spiritual directors come alongside individuals who desire to attend to the presence of God. Directors assist in listening to God and help them navigate through spiritual challenges. It differs from counseling or pastoral care in that the relationship being nurtured is the one between the directee and God. Counseling generally is concerned with one's relationships, past or present, or families in crisis. Spiritual direction is not focused on 'fixing' something, but instead is focused on the development and growth of one's ongoing relationship with God. The spiritual direction that I practice is Christocentric and Trinitarian in nature. Spiritual direction has been practiced since the early centuries after Christ's ascension. Spiritual direction is not a disconnected mystic experience, rather it is honing one's ability to hear the Spirit of God, who is our counselor and advocate.

### Ministry resources: Ministry resources:

- Leadership development
- Spiritual Formation
- Retreats
- Men's Discipleship
- Small groups
- Spiritual direction

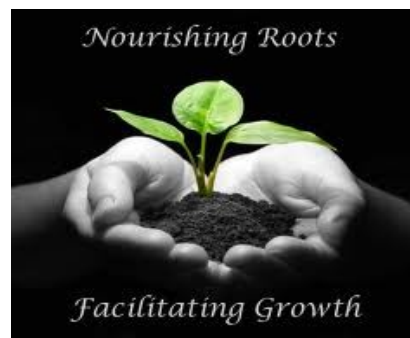
# "Gardener of the souls of men"

## Life Restoration

Brokenness is an unavoidable reality. Sometimes the darkness can be all too confining and frustrating. Perhaps your past is catching up with you or your current situation has become complex. Soul gardener exists to help those whose life seems helpless to find hope and encouragement. The goal is a restored and reconciled life filled with joy and contentment.

## Family Reconciliation

Inside and/or outside forces disrupt and interrupt the flow and integrity of marriage relationships. Talking to a neutral party is often helpful to bring a fresh and objective point of view to the conflict. Restoration and reconciliation is the goal, so that a marriage can be repaired and new rhythms created for a content and fulfilled relationship.



## Church Leader Soul Care

Pastors, church leadership, and parachurch leaders work as under-shepherds to the local flock and community. Many lack sufficient peer relationships that enable them to share openly and honestly with others. Soul gardener provides empathetic and confidential care to leaders. A sliding scale is available for ministry leaders.

## How it Works

Our first meeting will allow us to get to know each other. My desire is to provide a continuum of care for each client. We will decide if our meeting with one another would be helpful and appropriate, and if so, schedule our next meeting. If not, we could decide to connect you with someone better suited to meet your needs. Conversations are generally an hour in length and are confidential. Fees are discussed in the first meeting. Phone and/or video conferences are possible but not preferred.